

MEDIA RELEASE

beautiful monster

kate mccaffrey

Award-winning author of
Destroying Avalon & In Ecstasy

Anorexia Nervosa is my full name, but you may call me Ana. Hopefully we can become great partners. In the coming time, I will invest a lot of time in you, and I expect the same from you.

From *The Dragon's Den* — a pro-anorexia website

About the Book

It only takes a few bloodstained moments for Tessa's life to change forever. Her brother is dead, and her Mum is so deeply enmeshed in grief she might as well be too. Tessa is left with no-one to turn to but Ned. He's been her staunchest ally, privy to her deepest secrets.

Ned is like her other half, and he has the answer. If Tessa can just be perfect, life will get better.

Based on the personification of anorexia nervosa by its sufferers, McCaffrey's third book is a sinister thriller about the imaginary friend from hell.

About the Author

Kate grew up in Perth's northern suburbs. She has a degree in English and Art and a diploma in Education. She lives in Mariginiup with her partner Jason, their two daughters, two dogs, a cat and a rabbit.

Media notes

- Kate's first novel, *Destroying Avalon*, was published in 2006. It won the WAYRBA Award for older readers, the Western Australian Premier's Book Award for Young Adults, was a notable book in the Children's Book Council of Australia Book Awards and was highly commended in the Australian Family Therapists Children's Literature Awards. It has sold close to 20,000 copies in Australia and is in its fifth print run.
- Her second novel, *In Ecstasy*, won the Australian Family Therapists Children's Literature Awards and has sold close to 8,000 copies in Australia since 2008.
- Kate McCaffrey is regularly used by the media as an expert commentator on cyber bullying.
- Kate's novels are published in North America, Hungary and South Korea.
- Kate McCaffrey will be touring the Eastern States in May/June 2010.



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For additional information contact:

Claire Miller
Media and Promotions Manager
T: (08) 9430 6331
M: 0419 837 841
E: cmiller@fremantlepress.com.au
www.fremantlepress.com.au

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